CURRENT RESIDENTS

PGY-3 Residents

Charles Martin, DO

Lieutenant Commander Charles D. Martin was assigned to the USS Carl Vinson (CVN 70) and completed...
CURRENT RESIDENTS

Emily Bruno, MD

Emily is a diplomat-turned-doctor, coming to medicine after two years as a Peace Corps Volunteer in Ethiopia. She spent her free time running and doing yoga, as well as hanging out with the four dogs she rescued from Darfur.
CURRENT RESIDENTS

Amutha Rajagopal, MD
PGY-3

Bryan Long, MD
Bryan is a LCDR in the Navy completing a FTOS residency option. He completed his internship in internal medicine in NYC. Bryan is currently the staff internist for the 3rd Battalion, 5th Marine Regiment and a military advisor to the 1st Marine Headquarter’s Group Surgeon. Bryan’s interests are the military and medically underserved populations.
CURRENT RESIDENTS

Thomas Kocher, MD

Thomas is a board-certified pathologist with professional interests including cancer epidemiology in special populations and applications of molecular methods to epidemiology.

Marsha-Gail Davis, MD

Dr. Davis originally hails from the beautiful island of Jamaica. She received her BA from Swarthmore College and her medical degree from the University of Pennsylvania. In her free time, she enjoys doing anything creative, cooking and most importantly eating. She also speaks Spanish and is skilled in public speaking.
CURRENT RESIDENTS

Spencer Nadolsky, DO

Dr. Spencer Nadolsky is board-certified in family medicine with specialty boards in obesity medicine and lipidology. He is the author of The Fat Loss Prescription and The Natural Way to Beat Diabetes. Currently he is working on a Masters in Public Health at SDSU along with another board certification in Preventive Medicine at UCSD.

Angelo Asheh, DO

Angelo was born and raised in New England and has since migrated to the West Coast. Angelo began his journey in medical school and has continued his education at UCSD where he is currently working on a Fellowship in Addiction Medicine. His primary interest is in how we can use all of the tools at one's disposal to prevent illnesses and assist those with addiction disorders.
CURRENT RESIDENTS

Christopher Granda, DO

Anastasia Maletz, DO

Anastasia is a home grown Oregonian who loves good food and the great outdoors. Having grown up with fresh local produce in the Willamette Valley, she is dedicated to promoting good health through what we eat, how we move, and by creating health in the environment around us.
Michael Austin, DO

Michael Austin, DO, is an active duty US Navy physician born and raised in beautiful Sonoma County, Northern California. He graduated from Stanford University School of Medicine with a particular interest in linking diet, exercise, and environmental determinants to disease prevention.